

# **Transports et allergies**

**Olivier Michel  
CHU Saint-Pierre  
ULB**

# Polluants impliqués

Polluants	Essence sans catalyseur	Essence avec catalyseur	Diesel sans catalyseur	Diesel avec catalyseur
NO <sub>x</sub>	****	*	**	**
VOC	****	**	***	*
CO	***	***	**	*
PM	**	*	****	***
SO <sub>2</sub>	*	*	****	****
CO <sub>2</sub>	***	***	*	**
PAH	***	*	****	**

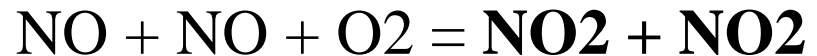
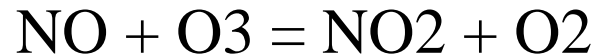
Quality of Urban Review Air Group, 1993, Dpt of Environment, Birmingham, UK

# Polluants impliqués

- CO
- CO<sub>2</sub>
- SO<sub>2</sub>
- PM
- (NO<sub>x</sub>)

# Polluant indirect: ozone

## 1. Hiver

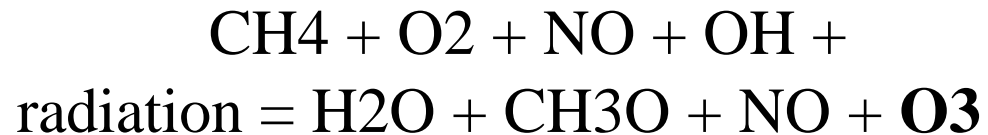


## 2. Été

- Formation photochimique:



- Oxydation des hydrocarbures



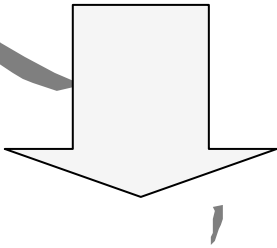
# Modèles animaux

- **Asthme/allergie**  
(ovalbumine) **O3, NO2, SO2, PM**
- **Bronchite**  
(SO2, polymyxine) **PM**
- **Emphysème**  
(elastase) **O3, NO2, SO2, PM, fumées**
- **Fibrose pulmonaire**  
(bléomycine) **PM**
- **Infections pulmonaires**  
(RSV, influenza, strepto, pyo) **O3, PM, NO2, SO2**
- **Vasculites/HT pulmonaires**  
(monocrotaline) **PM**

# Mécanismes

- Afférence immune

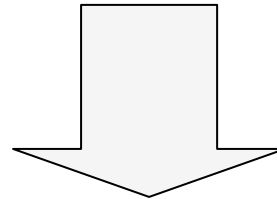
- Th1/Th2
- IgE
- IgG
- Immunité innée



**Nouveaux cas**

- Efférence immune

- Éosino, macrophages, CD4, PMN, cell épith
- Nerfs
- f.m.l.
- Perméabilité



**Exacerbations**

# Pollution de l'air (SO<sub>2</sub>, NO<sub>2</sub>)

## Pollution Prévalence des allergies

Allemagne Ouest	+	+++
Allemagne Est	+++	+
Suède Ouest	+	++
Suède Baltique	++	+

# Trafic

- Diesel = 90% de la masse des PM
- DAM Particule Diesel = 0,2  $\mu\text{M}$  (90% < 1,0  $\mu\text{M}$ )
- Particule Diesel absorbe allergènes



# Diesel et sensibilisation allergénique

- Allergènes IN

IL4, IL5, IL10, IL13 = +

- Allergènes IN + Diesel IN

IL4, IL5, IL10, IL13 = +++++

# Diesel et inflammation allergénique

- Diesel
  - Adhésion des éosinophiles à la muqueuse nasale
  - Induit la production d'IgE intranasal

*(Diaz-Sanchez et al JCI 1994; 94: 1417)*

# Trafic (camions)

- Épidémiologie

- Relation faible entre trafic de camions et risque d'atopie/asthme

Wjst et al BMJ 1993;307:596

Nitta et al Arch Environ Health 1993;48:53

Oosterlee et al OEM 1996;53:241

# Trafic (urbain)

- 7509 enfants (ISAAC II)
- SPT, RAS, EFR
- Trafic évalué par comptage (tenant compte de la distance de l'habitat)
- Mesures des concentrations en suies, benzène et NO<sub>2</sub>

*T Nicolai, D Carr, S.K. Weiland, H Duhme, O von Ehrenstein, C Wagner, E von Mutius. Urban traffic and pollutant exposure related to respiratory outcomes and atopy in a large sample of children. Eur Respir J 2003; 21: 956-63*

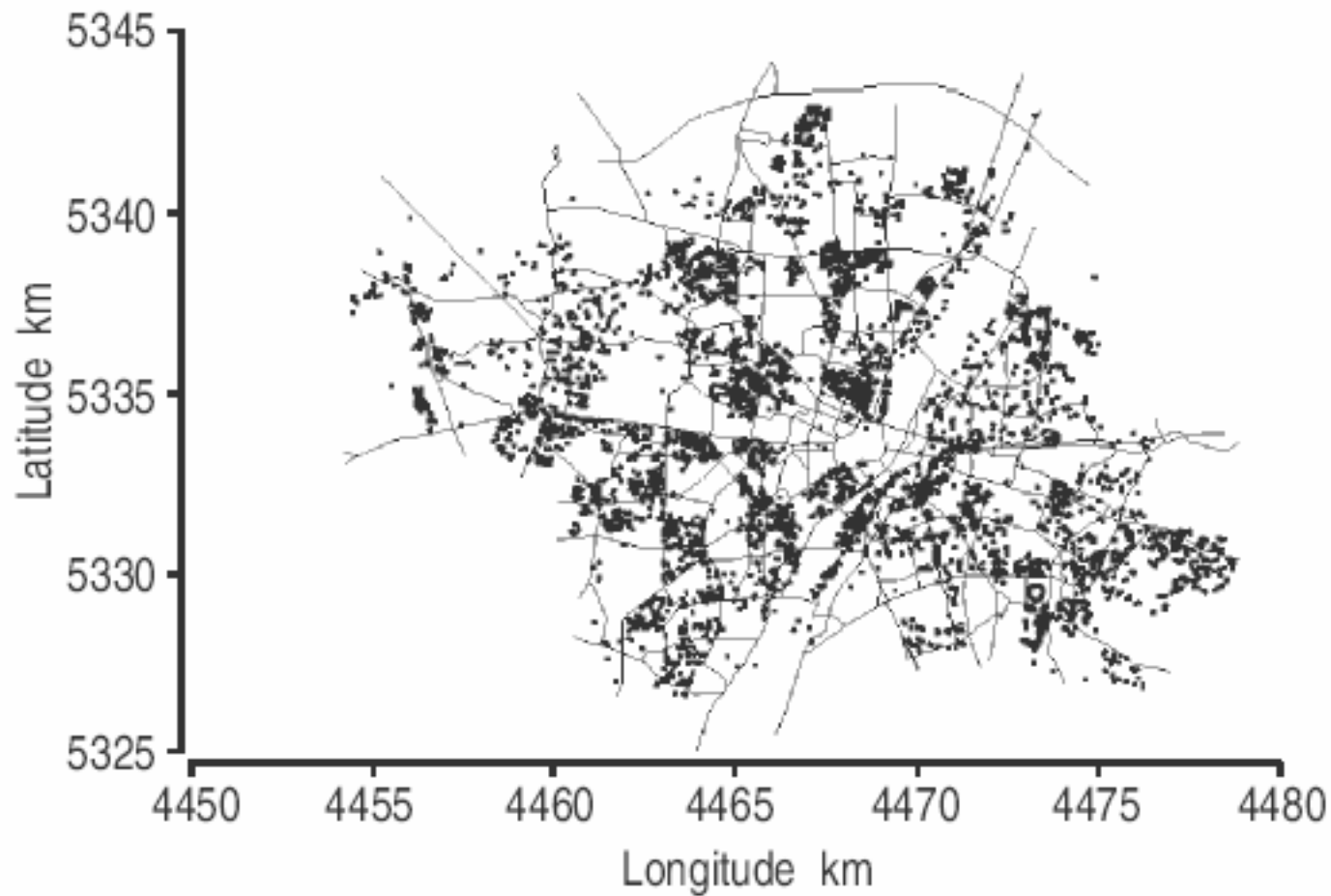


Fig. 1.—Places of residence of children and street segments in Munich.

Table 4. – Respiratory and atopic outcomes in relation to traffic counts in the area of residence

Outcome	Crude reference prevalence % (raw numbers)	Exposure tertile	Crude prevalence % (raw numbers)	Adjusted OR (95% CI)
Asthma	10.4 (318/3071)	Low	9.4 (18/192)	0.902 (0.545–1.493)
		Medium	9.6 (20/208)	0.931 (0.576–1.506)
		High	12.2 (24/197)	1.194 (0.762–1.871)
Current asthma <sup>#</sup>	5.0 (157/3124)	Low	3.1 (6/196)	0.607 (0.264–1.396)
		Medium	5.7 (12/211)	1.177 (0.639–2.171)
		High	8.6 (17/197)	1.790 (1.051–3.048) <sup>§</sup>
Current wheeze <sup>#</sup>	8.6 (266/3085)	Low	7.3 (14/192)	0.848 (0.483–1.488)
		Medium	8.5 (18/211)	1.008 (0.609–1.669)
		High	13.5 (26/193)	1.663 (1.073–2.578) <sup>§</sup>
Cough <sup>†</sup>	18.0 (559/3097)	Low	18.7 (36/193)	1.049 (0.720–1.528)
		Medium	22.3 (47/211)	1.323 (0.942–1.858)
		High	26.8 (52/194)	1.622 (1.162–2.266) <sup>f</sup>
Hay fever	11.7 (360/3082)	Low	10.9 (21/192)	0.940 (0.585–1.510)
		Medium	12.4 (26/209)	1.061 (0.688–1.638)
		High	13.3 (26/196)	1.171 (0.756–1.814)
Skin-prick test ≥ 3 mm	19.4 (341/1762)	Low	17.9 (20/112)	0.846 (0.509–1.405)
		Medium	18.2 (22/121)	0.971 (0.595–1.584)
		High	23.4 (26/111)	1.373 (0.857–2.200)
Pollen	13.9 (243/1754)	Low	14.2 (16/113)	0.961 (0.551–1.677)
		Medium	14.2 (17/120)	1.067 (0.619–1.840)
		High	18.9 (21/111)	1.567 (0.940–2.613) <sup>+</sup>
Specific IgE aeroallergens ≥ 0.7 kU·mL <sup>-1</sup>	36.3 (476/1311)	Low	28.8 (23/80)	0.682 (0.411–1.130)
		Medium	34.7 (34/98)	0.933 (0.600–1.453)
		High	39.5 (32/81)	1.213 (0.755–1.947)

Table 5. – Respiratory and atopic outcomes in relation to traffic counts in the area of residence for children additionally exposed to environmental tobacco smoke

Outcome	Crude reference prevalence % (raw numbers)	Exposure tertile	Crude prevalence % (raw numbers)	Adjusted OR (95% CI)
Asthma	10.8 (126/1169)	Low	4.8 (4/83)	0.438 (0.157–1.22)
		Medium	11.0 (11/100)	1.009 (0.521–1.95)
		High	13.6 (14/103)	1.343 (0.736–2.45)
Current asthma <sup>#</sup>	5.2 (62/1193)	Low	1.2 (1/83)	0.232 (0.032–1.70)
		Medium	5.9 (6/101)	1.130 (0.472–2.70)
		High	9.7 (10/103)	2.047 (1.005–4.17)
Current wheeze <sup>#</sup>	9.1 (107/1178)	Low	4.8 (4/83)	0.523 (0.187–1.46)
		Medium	9.9 (10/101)	1.095 (0.550–2.17)
		High	14.0 (14/100)	1.697 (0.927–3.10)
Cough <sup>†</sup>	19.1 (226/1186)	Low	20.7 (17/82)	1.177 (0.674–2.05)
		Medium	25.7 (26/101)	1.487 (0.927–2.38)
		High	26.7 (27/101)	1.543 (0.967–2.46)
Hay fever	10.4 (123/1179)	Low	6.1 (5/82)	0.578 (0.227–1.47)
		Medium	16.8 (17/101)	1.678 (0.944–2.98)
		High	15.7 (16/102)	1.739 (0.967–3.12)
Skin-prick test $\geq 3$ mm	15.8 (110/695)	Low	13.7 (7/51)	0.785 (0.339–1.81)
		Medium	23.8 (15/63)	1.539 (0.812–2.91)
		High	28.8 (15/52)	2.670 (1.353–5.26)
Pollen	11.8 (82/694)	Low	11.5 (6/52)	0.915 (0.372–2.24)
		Medium	19.4 (12/62)	1.662 (0.829–3.33)
		High	25.0 (13/52)	3.255 (1.581–6.69)
Specific IgE aeroallergens $\geq 0.7$ kU·mL <sup>-1</sup>	33.1 (164/496)	Low	25.7 (9/35)	0.655 (0.296–1.45)
		Medium	33.3 (16/48)	1.003 (0.524–1.92)
		High	45.0 (18/40)	1.761 (0.897–3.45)

# Trafic (urbain)

- EFR et BHR

- Non associés aux paramètres d'exposition

*T Nicolai, D Carr, S.K. Weiland, H Duhme, O von Ehrenstein, C Wagner, E von Mutius.  
Urban traffic and pollutant exposure related to respiratory outcomes and atopy in a large  
sample of children. Eur Respir J 2003; 21: 956-63*



# Trafic (urbain)

- Conclusions

- 1/ l'exposition au trafic intense est un facteur de risque d'asthme, toux, wheezing chez l'enfant
- 2/ associé au tabagisme passif, l'exposition au trafic intense est un facteur de risque de sensibilisation allergique
- 3/ un effet confondant lié au statut socio-économique ne peut être exclu

*T Nicolai, D Carr, S.K. Weiland, H Duhme, O von Ehrenstein, C Wagner, E von Mutius. Urban traffic and pollutant exposure related to respiratory outcomes and atopy in a large sample of children. Eur Respir J 2003; 21: 956-63*

# Trafic (urbain)

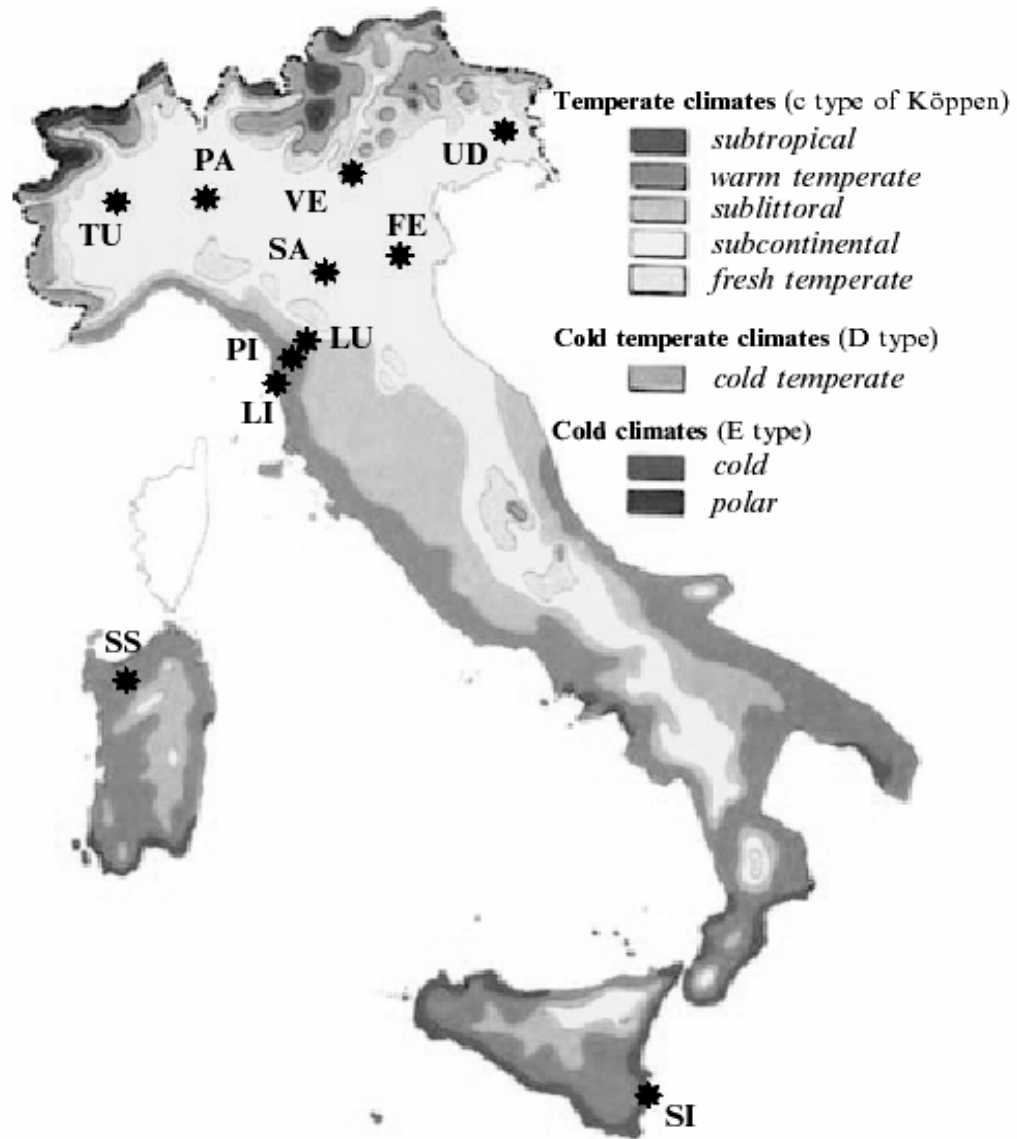
- **Rôle de la proximité de l'habitat:**

- Pas d'effet significatif du trafic:

- Venn A et al. Located road traffic activity and the prevalence, severity, and persistence of wheeze in school children: combined cross sectional and longitudinal study. OBM 2000; 57: 152-8.

- Effet significatif du trafic

- Venn A et al. Living near a main road and the risk of wheezing illness in children. AJRCCM 2001; 164: 2177-80

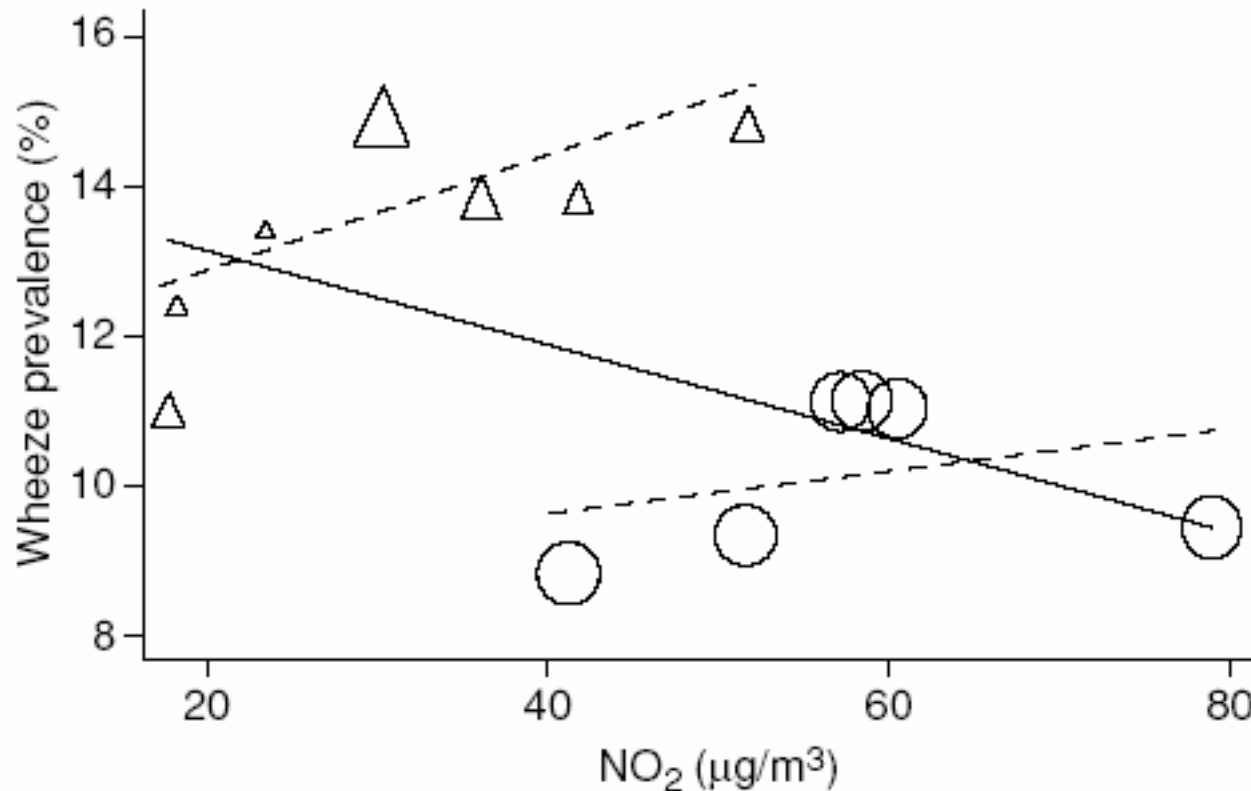


# Variations de NO2 associées au climat

	<b>Méditerranée</b>	<b>Continental</b>	<b>p</b>
<b>Temperature(°C)</b>	<b>162</b>	<b>129</b>	
<b>NO2 (µg/m3)</b>	<b>315</b>	<b>580</b>	
<b>Wheezing</b>	<b>OD = 123</b>		<b>&lt;0,001</b>
<b>dyspnée</b>	<b>OD = 121</b>		<b>&lt;0,001</b>
<b>asthme</b>	<b>OD = 119</b>		<b>&lt;0,001</b>

*R de Marco et al Clin Exp Allergy 2002; 32; 1405*

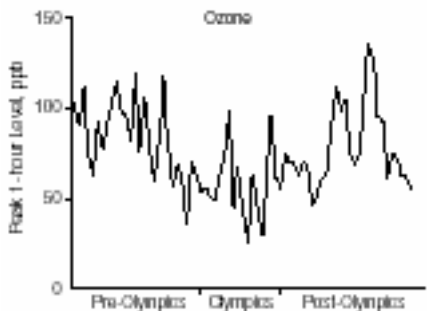
# Relation wheezing, climat et NO<sub>2</sub>



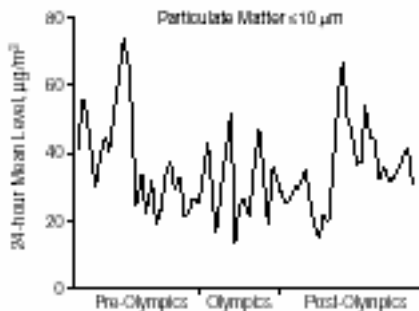
(○, subcontinental areas; △, Mediterranean areas).

# Impact du changement de mode de transport pendant les JO d'Atlanta

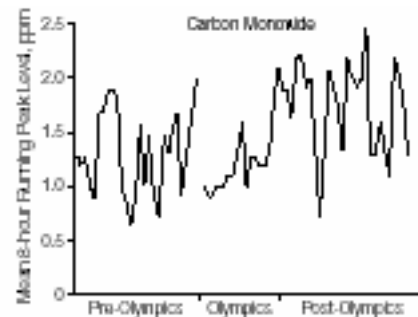
O3



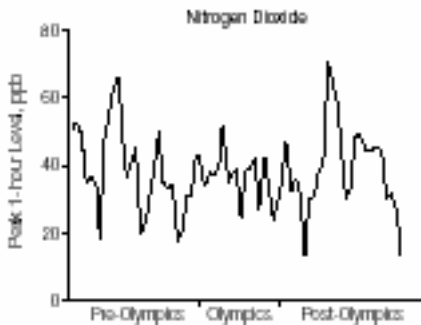
PM



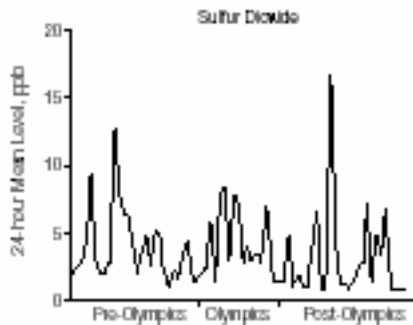
CO



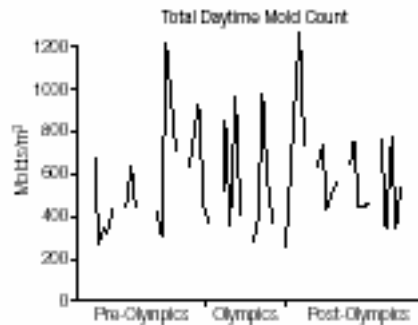
NO2



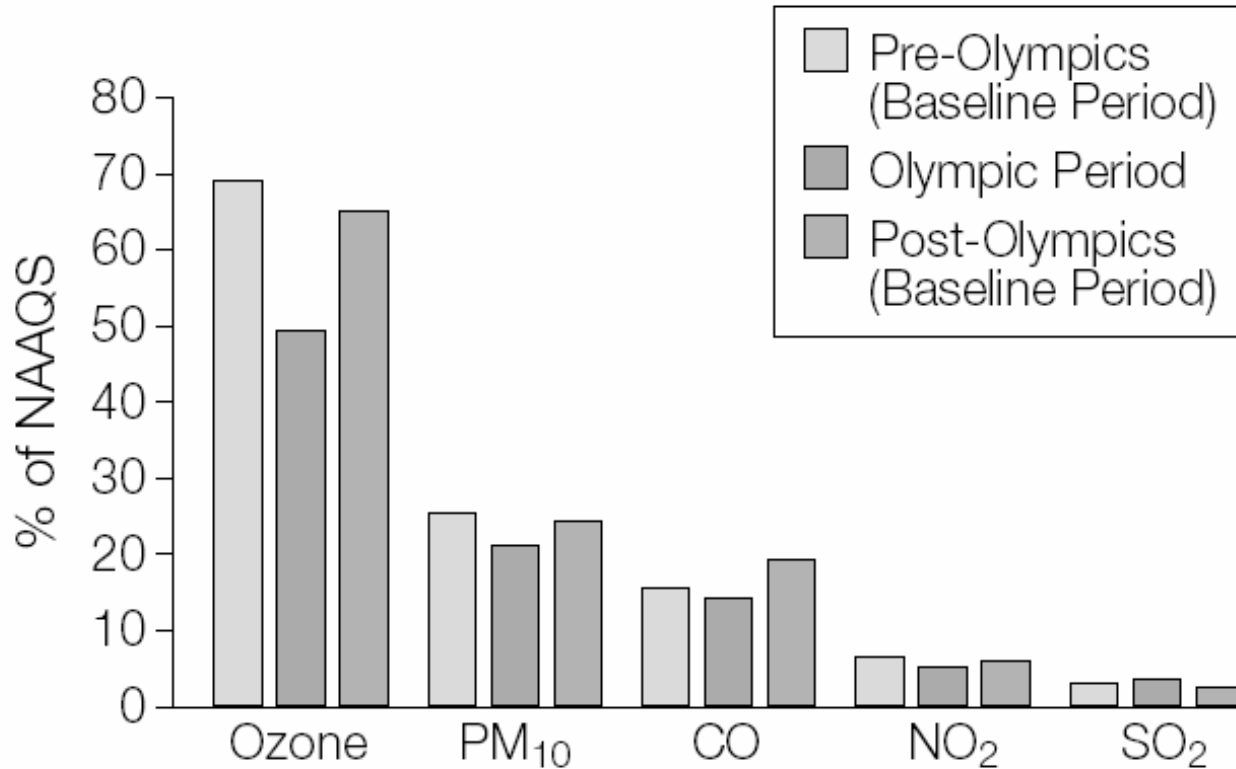
S02



traffic count



# Impact du changement de mode de transport pendant les JO d'Atlanta



*MS Friedman et al. JAMA 2001; 285: 897-905*

# Impact du changement de mode de transport pendant les JO d'Atlanta

**Table 1.** Acute Asthma Events and Acute Nonasthma Events Among Children and Youth During the 1996 Summer Olympic Games Compared With the 1996 Summertime Baseline Period

Data Source	Type of Asthma Event	Acute Asthma Events			Acute Nonasthma Events		
		Mean (SD) No. of Events Per Day		% Change	Mean (SD) No. of Events Per Day		% Change
		Baseline Period*	Olympic Period†		Baseline Period*	Olympic Period†	
Georgia Medicaid claims file	Emergency care and hospitalizations	4.23 (2.81)	2.47 (1.48)	-41.6	100.5 (18.6)	97.4 (18.4)	-3.1
Health maintenance organization	Emergency care, urgent care, and hospitalizations	1.38 (1.63)	0.78 (0.83)	-44.1	37.6 (19.6)	38.1 (18.4)	+1.3
Pediatric emergency departments	Emergency care and hospitalizations	4.77 (2.52)	4.24 (2.49)	-11.1	118.4 (20.5)	115.9 (15.9)	-2.1
Georgia Hospital Discharge Database	Hospitalizations	2.04 (1.53)	1.65 (1.50)	-19.1	19.7 (5.1)	19.9 (3.5)	+1.0

\* Defined as June 21–July 18 and August 5–September 1, 1996.

† Defined as July 19–August 4, 1996.

*MS Friedman et al. JAMA 2001; 285: 897-905*



# Impact du changement de mode de transport pendant les JO d'Atlanta

- Conclusion:

- La réduction de la pollution par l'ozone diminue la fréquence des exacerbations asthmatiques chez l'enfant

*MS Friedman et al. JAMA 2001; 285: 897-905*

# Trafic et allergies

- Conclusions générales

	allergies	asthme
<b>Trafic</b>	-	+
<b>Diesel</b>	+	-
<b>NO2</b>	-	+/-
<b>O3</b>	-	++